

USE THESE SHIPPING LABELS AS THEY WILL EXPEDITE HANDLING. Copies of these labels are acceptable if additional labels are needed.  
See form H-1a: Hanging Sign Shipping Labels when shipping Hanging Signs.

H-1a



FROM:



FROM:

**ADVANCE SHIPMENT**

TO:

FULL EXHIBITING COMPANY NAME AT SHOW

**Academy of Nutrition & Dietetics Food & Nutrition Conference & Expo**

NAME OF EXHIBITION

0420001855

Booth Number

**C/O GES**  
**YRCW**  
**9415 Wallisville Road**  
**Houston, TX 77013**  
**USA**

**SHIPMENT SHOULD ARRIVE ON OR BETWEEN:**

**Thursday, Sep 12, 2013 - Friday, Oct 11, 2013**

**CERTIFIED WEIGHT TICKETS ARE REQUIRED FOR ALL SHIPMENTS.** Drivers must check in by 2:00 PM to be guaranteed same day unloading. Warehouse receiving hours are Monday - Friday, 9:00 AM - 3:00 PM; Closed 12:00 PM - 1:00 PM & Holidays.

Carrier \_\_\_\_\_  
Number \_\_\_\_\_ of \_\_\_\_\_ pieces



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